

Where learning comes to life

“Simply, you learn better when a subject brought to life”.



What is a learning style?

A learning style is the way you prefer to learn.

Having completed the questionnaire by noting which section you have the highest preference in, you will easily be able to identify your learning style. There are no right or wrong answers; this is simply about your preference. Once you have identified your preferred learning style, take a little time to read through the description and make some notes below that directly relate to you and some of your previous learning experiences.

My preferred learning style is:

Total up the ticks:

A.		B.		C.	
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Mostly A – You are a Visual Learner

If you have the most ticks for A, then your preferred way of learning is by visualising. You probably learn best by seeing videos, diagrams or by watching demonstrations. You like reading to find out information. If you have to memorise something, you might prefer to use flow charts or spider grams, which use colour and shape. You are a Visual learner.

Mostly B – You are an Auditory Learner

If you have the most ticks for B, then your preferred way of learning is by hearing things. You like to listen to your information and learn well from hearing people talk. You may prefer to be given information in a line-by-line way, rather than diagram or picture. If you have to remember something, it might help you to tape the information. You are an Auditory learner.

Mostly C – You are a Kinaesthetic Learner

If you have the most ticks for C, then you learn best by demonstration and by doing practical tasks. You enjoy learning by role play and often feel you need to feel or touch something to understand. For example, if you were learning about fractions, it would help if you could cut a cake into five pieces to understand what a fifth is. You are a Kinaesthetic learner.

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	A	B	C
When you keep up with the news, do you:	Read a newspaper thoroughly	Listen to the radio and/or watch the TV news	Quickly read the newspaper and/or spend a few minutes watching the TV news
When you dress, are you:	A neat dresser	A sensible dresser	A comfortable dresser
When you read a novel, do you:	Like the passages that describe scenes or characters	Enjoy parts where the characters talk	Prefer action stories and are not a keen reader
When you spell, do you:	Try to see the word	Try to sound the word	Write the word down to find out if it “feels” right
When you are angry, do you:	Clam up, seethe, give others the silent treatment	Quickly let others know and express it in an outburst	Storm off, clench your teeth or grip something tightly
When you are free and have spare time, would you rather	Watch TV, go to the cinema/theatre or read	Listen to CDs or the radio, go to a concert or play an instrument	Do something physical for example, sport/DIY
When you forget something, do you:	Forget names but remember faces	Forget faces but remember names	Forget names and faces, but remember what you were doing at the time
When you have to discuss something important with someone, do you:	Prefer face to face meetings or writing letters	Use the telephone	Talk it out during another activity, for example, walking or having a meal
When you enjoy the arts, do you:	Like paintings	Like music	Like dancing

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	A	B	C
When you are talking, do you:	Only talk a little, but dislike listening for too long	Enjoy listening but are impatient to talk	Use your hands and arms to express yourself
If you are going to a meeting or group discussion, do you:	Come prepared with notes	Enjoy talking through issues and hearing others points of view	Wish to be somewhere else and spend time doodling
When you are with others, might they tell how you are feeling by:	The expression on your face	How your voice sounds	General body language
When you try to picture something, do you:	See clear details and or pictures	Think in sounds	See few pictures, but those that you do have involve movement
When you are concentrating, are you:	Put off by untidiness or movement	Put off by sound or noises	Put off by movement
When you are praised, do you:	Like written comments	Like spoken comments	Like a pat on the back or hug
If you needed to discipline a child, would you:	Keep the child away from others for a while	Reason with the child and discuss what has happened	Use “acceptable” forms of punishment
When you try to guess someone’s mood, do you:	Look mainly at facial expressions	Listen to their tone of voice	Watch their body language
When you are bored, do you:	Look around, doodle, watch something	Talk to yourself or other people	Fidget
When you are learning, do you:	Like to see demonstrations, diagrams, slides, posters	Like to listen to talks and lectures	Prefer to be active by discussion or role playing
When you go on a new long journey, do you:	Get the route from a book, for example the AA guide	Talk to someone to get the information	Get out maps and make a plan